

Happy, Confident, Independent.

Children develop a sense of belonging, respect and autonomy of voice through a varied and well-directed early education.

09 Childcare practice procedures

09.10 Prime times – Sleep and rest time

At Ringrose Kindergarten children do not usually stay for the full days if they still need a nap time and there are no facilities for them to do so.

However, in the event that a child falls asleep:

- Heavier clothing is removed.
- Hair accessories with parts that may come lose or detached and pose a choking hazard are removed
- A separate area of the room is made as quiet as possible, perhaps with some soft music playing and curtains drawn.
- Sleeping children are supervised within sight and/or hearing of staff at all times.

Further guidance

Safer Sleep for Babies (Lullaby Trust) www.lullabytrust.org.uk/safer-sleep-advice

This policy was adopted by

Ringrose Kindergarten Chelsea

On

August 2021

Date to be reviewed

July 2022

Signed on behalf of the provider

Name of signatory

Lucy Hustler

Role of signatory (e.g. chair, director or owner)

Principal